



No. 92 DG/EPA/2024
GOVERNMENT OF THE PUNJAB
ENVIRONMENTAL PROTECTION AGENCY
NATIONAL HOCKEY STADIUM FERROZEPUR ROAD, LAHORE
Dated: 22.10.2024



ADVICE FOR GENERAL PUBLIC U/S 6(1)(o) OF THE PUNJAB ENVIRONMENTAL PROTECTION ACT, 1997

ADVICE

WHEREAS, Environmental Protection Agency, Govt. of Punjab is striving hard to combat the devastating impacts of smog that is likely prevail from October-December, 2024. Addressing critical air pollution events is crucial to protect public health, especially for vulnerable groups like children and the elderly, as prolonged exposure to pollutants can lead to respiratory and cardiovascular diseases.

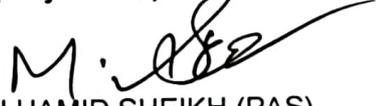
2. **AND WHEREAS**, Section 6(1) (o) of the ibid Act empowers EPA to provide information and guidance to the public on environmental matters;

3. **AND WHEREAS** the Health Advisory System for Critical Air Pollution Events (HAS-CAPEs) has been notified on 13.12.2022 under which the meeting of Provincial CAPEs Committee (PCC) was held on 21.10.2024 in which it was unanimously agreed to issue the health advisory keeping in view the recent rise in Air Quality Index above critical level of 150 for two consecutive days.

4. **NOW, THEREFORE**, I, Dr. Imran Hamid Sheikh, PAS, Director General, Environmental Protection Agency, Punjab in exercise of the powers conferred upon me U/S 6(1)(o) of the Punjab Environmental Protection Act 1997, do hereby advise the general public of district Lahore that they must:

- i. Reduce prolonged or heavy outdoor exertion
- ii. Check AQI Level from official website of EP&CCD (www.epd.punjab.gov.pk) before outdoor workout/exercise
- iii. Wear masks during the outdoor activities
- iv. Restrict children from playing outdoors.
- v. Avoid unnecessary travelling, residing and visits in the areas having unhealthy AQI.
- vi. Elderly people should minimize outdoor exposure
- vii. Consider doors and windows closed to reduce outdoor air intake
- viii. Avoid prolonged or heavy outdoor exertion
- ix. Patients of COPD & CVD should select the face masks in consultation with their physicians.

Issued under my hand and seal on this 22nd day of Oct, 2024.


DR. IMRAN HAMID SHEIKH (PAS)
Director General
Environmental Protection Agency
Punjab

Copy forwarded for information:

- The Secretary, Environment Protection & Climate Change Department, Punjab
- The Commissioner Lahore Division, Lahore
- The Capital City Police Officer, Lahore
- The Deputy Commissioner, Lahore
- The Director General Public Relations (DGPR) with a request to ensure wide publicity of this advice
- The Secretary, Judicial Water & Environment Commission (JWEC), Punjab
- The Additional Secretary (Staff), Chief Secretary's Office, Lahore
- The Additional Secretary (Coordination), Chief Minister Office, Lahore.
- The Chief Environment & Climate Change, P&D Board, Lahore
- PSO to Minister for Environment, Forest and P&D
- PSO to Provincial Police Office/ IGP, Punjab
- The Additional Director General (Ops & Imp), EPA Punjab
- The focal person concerned.
- The Deputy Director (Field), EPA, Lahore
- PA to Director General EPA Punjab